LUNCH

Soup du jour ~ ask your server for today's homemade soup

Cup of Soup 3.00 Bowl of Soup 4.00

Appetizers

Spinach Gnocchi 6.00

Fresh spinach and potato 'dumplings' smothered in a mushroom sauce

Crab Cakes 9.00

ucculent blue crab with classic seasoning, breaded and sautéed to perfection

Risotto Croquettes 6.00

Creamy risotto stuft with cheese, breaded and deep fried

Stuffed Portobello 8.00

Mushroom stuft with fennel, sausage, parmesan cheese and topped with homemade marinara

Salads

Blueberry Shrimp 9.00

Fresh blueberries, shrimp (4), feta cheese with blueberry vinaigrette

Quinoa 5.00

Quinoa, tomatoes, red onion, kalamata olives, and feta cheese with a light vinaigrette

Starburst Grapefruit 6.00

Strawberries and grapefruit on a bed of greens with a grapefruit poppy seed vinaigrette

Apple and Pecan 4.00

Pecans, apples and feta cheese with spring mix with a balsamic vinaigrette



Sandwiches

Sandwiches are served with sweet potato fries or pasta salad

Roast Beef 8.00

Tender beef with brie cheese and caramelized onions on a baguette

Chicken Cordon Bleu 8.00

House breaded chicken topped with ham and Swiss cheese

Reuben 8.00

Tender corned beef with sauerkraut and 1000 Island dressing on marbled rye

Strip Loin Sandwich 14.00

NY steak cooked to order, with a chipotle aioli, roasted red pepper and caramelized onions on ciabatta

Slider of the Day

Ask your server about the special of the day

Burger of the Day

Ask your server about the special of the day

Taco of the Day

Ask your server about the special of the day

Split plates add 1.50

Entreés

Cajun Angel Hair

9.50

Blackened chicken with olives, tomato and green onion tossed in basil infused extra virgin olive, with garlic bread

Pasta Primavera

12.00

A variety of summer vegetables in a creamy vegetarian stock and served with garlic bread

Shrimp Pasta

13.00

Jumbo shrimp (6) and feta in linguine with garlic bread

Pad Thai

9.50

Traditional Thai dish with peanuts, rice noodles tofu and chicken.

Fish of the day

Market

Ask your server about the special of the day

Wyoming Culinary Institute Northern Wyoming Community College District

Kids Menu

Mac and Cheese

5.00

Served with vegetable of the day

Chicken Strips

6.00

Served with ranch and vegetable of the day

Corn Dog

5.00

Served with sweet potato fries

Desserts

4.00

Please ask your server for your daily choices.

Open Monday thru Friday Lunch - 11:30am to 2:00pm

Split plates add 1.50